

Nr.		I do not agree	I partially disagree	Neutral	I partially agree	I totally agree
1.	Do you currently suffer from symptoms of COVID-19 to work like fever, dry cough, breathing problem, sore throat, loss of smell / taste, headache or diarrhea?					
2.	Have you tested positive for SARS-CoV-2?					
3.	Has anyone close to you been infected with COVID 19?					
4.	Did anyone close to you die during the COVID-19 pandemic?					
5.	Please indicate which of the following factors would be a risk: a) Age, over 60 years b) Concomitant diseases c) Loss of immunity d) Negativ habits					
6.	How much has quarantine affected your emotional state?					
7.	Do you feel like you are drowning in quarantine time?					
8.	Has the quarantine negatively affected your professional work?					
9.	Has the help provided by professionals to deal with the pandemic affected the improvement of your condition and that of your family members?					
10.	Did you experience anxiety and stress disorders at the time of COVID-19 onset?					
11.	At the time of quarantine were you well fed?					
12.	Do you get advice from professionals on dealing with COVID-19?					
13.	Are you afraid of COVID-19?					

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Author Contributions:

-**Donart Koci** has researched the literature and critically evaluated it by selecting relevant materials related to the topic. -**Festina Morina** interviewed the research participants by completing the questionnaires and systematized them in the SPSS program by extracting the data together with various operations- **Fatlinda Hoxhaj** commented on the results and drew some conclusions.

All the authors together have come to conclusions and validated the hypotheses and then we came up with some recommendations regarding how to care for mental health during the time of the pandemic.